What is Your Diagnosis?

Western diagnosis and TCM management for common skin diseases

Why learn dermatology?
One may ask what is the most commonly seen condition encountered by acupuncturists? The answer is not commonly treated pain or depression but the skin problem. While locating acupoints on body surface of a patient, an acupuncturist has the advantage to observe most skin lesions. This is an excellent opportunity that many other medical practitioners or specialists do not have. Unfortunately, most acupuncturists who do not have sufficient dermatological training choose to ignore the skin problems of their patients.

Because of the diversity of patient ethnic groups, various complicated skin diseases and conditions may be seen clinically in the USA. In addition to unhealthy life style, such as sun exposure, light skin individuals are special prone to skin cancers. Many of commonly seen skin malignant tumors, if not diagnosed early, may be life threatening. If an acupuncturist or TCM practitioner can master some basic skills of dermatological diagnosis and differentials, it may be a great benefit to patients as well as to his or her own clinical practice. Acupuncture and TCM herbs are known to be good alternative options for the management of certain skin diseases and challenging cases, and every practitioner ought to make effort in learning these TCM remedies in order to maximize clinical services.
Course Outline:
1. Viewing clinical photos of common skin disorders (also review at the end)
2. Acupuncture journey to America and historical background
3. The classification of commonly seen skin diseases in the USA
4. Clinical features and diagnosis of malignant and benign skin tumors
5. Common inflammatory skin diseases and disorders may be managed by TCM therapies
6. TCM principles and acupuncture and herbal management for selected skin disorders.
7. Case analysis and management domo in class and clinical setting

About Speaker:
Dr. Yong Ming Li is a licensed physician, board-certified pathologist, dermatopathologist, acupuncturist, and TCM herbalist. He earned a BM from Liaoning College of Traditional Chinese Medicine and was a student of TCM Master Yuqi Li, obtained MS from Illinois State University and PhD in molecular immunology from the University of Illinois at Urbana-Champaign, and completed residency in Pathology at North Shore University Hospital and fellowship in Dermatopathology at Ackerman Academy-Columbia University. He has published over 100 papers and abstracts in journals (Nature Medicine, NEJM, PNAS) and conferences. He has received several research awards, grants, and four US patents. Currently, Dr. Li is practicing skin pathology and acupuncture with herbs in NJ and also serves as a member in several expert committees at NCCAM and NCI of National Institutes of Health. He has a book titled “Acupuncture Journey to America” published recently in China. Contact: tcmaa2004@yahoo.com

Recommended reference Books
2. Chen, Daxian et al, Skin and Sex transmitted diseases: Clinical diagnosis and treatment with Chinese medicine. PMPH, 2005
中医皮肤病讲座

常见皮肤病的西医诊断和中医治疗

说明：
此讲座专门为中医针灸博士学位课程，继续教育讲座及针灸和中医学校课程等准备。

为什么要学习皮肤病？
如果问针灸医生最常见的疾病是什么？答案不是经常治疗的疼痛或抑郁症，而是皮肤病。几乎每个人都有皮肤病变或异常，针灸医生在“寻经取穴”时可以“顺便”一览无遗，这是其它科医生没有的方便条件。只是很多医生没有受过皮肤病诊断的训练，只好视而不见。

美国是个移民国家，不同种族的病人皮肤病种类繁多，大多数喜爱阳光浴，尤其是白种人，皮肤癌发病率极高，不及时诊断，可能危及生命。针灸师如果能够掌握简单皮肤病诊断技能，对患者和提高行医水准都会十分有益。中医中药和针灸在治疗一些炎症皮肤病和某些疑难皮肤病有很多优势，每位中医师和针灸师都应该在临床上探索使用。

课程简要介绍：
1. 临床常见皮肤病照片（课程结束前会再回顾）
2. 针灸西进美国的历程和历史背景
3. 美国最常见皮肤病的分类
4. 皮肤恶性及良性肿瘤的临床特征和鉴别诊断
5. 常见炎症皮肤病的分类和适合中医治疗的病症
6. “望闻问切”在皮肤病诊断和鉴别诊断中的应用
7. 中医药和针灸治疗病例介绍和演示

讲演人介绍：
李永明：博士、中西医师，受过系统中医、西医、生命科学教育，在三方面均有独立工作经验和学术成果。曾毕业于辽宁中医学院获中医学士并在附属医院工作，师承国医大师李玉奇教授；毕业于美国伊利诺斯州立大学获生理硕士，香槟伊利诺斯大学获分子免疫博士；在北岸大学医院完成病理住院医师训练，在哥伦比亚大学医院皮肤科及阿克曼皮肤病理研究所完成专科医生训练，师承国际著名皮肤病理专家阿克曼教授。具有美国执照西医师、专科医师、针灸师等资格。在《自然医学》、《新英格兰医学杂志》、《美国科学院学报》、《癌症研究》等杂志和会议发表过文章及会议论文摘要百余篇，专著三部，曾获四项美国医药专利和多项科研基金。现于美国新泽西州行医，从事皮肤病病理诊断和中医针灸诊所，兼职美国国家健康研究院基金评委，著有《美国针灸热传奇》由人民卫生出版社出版。联系：tcmaa2004@yahoo.com

Reference Books
Yong Ming Li, MD, PhD

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GRADUATE EDUCATION

**PhD**  1993. Molecular Immunology, University of Illinois, at Urbana-Champaign, IL.

**MS**  1988. Membrane physiology, Illinois State University, Normal, IL.

**B. Med**  1982. Traditional Chinese medicine, Liaoning College of Traditional Chinese Medicine, China.

LICENSES AND CERTIFICATES

**MD**  Licensed Medical Doctor in the States of New Jersey, Pennsylvania, and Connecticut

**Pathologist**  Board-Certified Pathologist for Anatomical and Clinical Pathology (AP/CP), American Boards of Pathologists

**Dermatopath**  Board-Certified Dermatopathologist, American Boards of Pathologist and Dermatology

**Acupuncture**  Certified Acupuncturist, New Jersey. Passed exams, National Commission for the Certification of Acupuncturists (NCCA), USA. Certificate in Florida State.

**ECFMG**  Permanent Certificate from Educational Commission for Foreign Medical Graduates

**USLME**  Passed US Medical Licensing Examinations, Step 1, Step 2 and Step 3

PROFESSIONAL TRAINING & EXPERIENCE
2002-2012  
**Study Section Member** for several committees in NCCAM/NIH  
**PDQ Editor** for CAM PDQ Board, NCI/NIH  
**Attending Physician**, Warren Hospital, NJ (till 2008)  
**Private Practice**: Herb Acupuncture Clinic  
**Certified Acupuncturist** in NJ  
**Dermatopathologist, independent consultant**  
**President**, American TCM Society (ATCMS.org), New York (till 2008)

2001-2002  
**Fellow in Dermatopathology**, Ackerman Academy of Dermatopathology & St. Luke’s-Roosevelt Hospital, Columbia University College of Physicians & Surgeons. Mentor: A. Bernie Ackerman, MD

1997-2001  
**Resident** in Pathology (AP/CP), North Shore University Hospital/ New York University, School of Medicine, New York  
**Adjunct Assistant Professor**, Picower Institute for Medical Research

1994-2001  
**Instructor** and **Graduate Mentor** for MS Program of Acupuncture and TCM. School of Oriental Medicine New York College, Wholistic Health and Research Center, New York

1993-1997  

1989-1993  
**Research Assistant**, Laboratory of Immunophysiology, University Illinois, Urbana-Champaign, Illinois. Research project: interaction between the endocrine and immune systems in aging, growth factors and aging.

1987-1988  
**Teaching Assistant**, Department of Biological Sciences, Illinois State University, Normal, Illinois.

1983-1986  
**Medical Doctor**, Hospital of Liaoning College of Traditional Chinese Medicine. Clinical practice & research, specialized in internal medicine, herbal medicine & acupuncture

**HONOR AND SOCIETY**

Research Award in the First International Conference on Immunology and Aging (1996)  
The Doolen Scholar for the Study of Aging in Biomedical Sciences, USA (1993-1994)  
Member of American Diabetes Association (1995-98)  
Member of American Society of Nephrology (1996-98)  
Member of American Association for the Advancement of Science (1992- )
Member of Society of Chinese Bioscientists in America (1990-)
Member of Sino-American Pharmaceutical Association (1994-)
Member of Scientific Committee, 4th World Confer. on Acupuncture, NY (1996)
Member of Herb Research Foundation (1997-00)
Member of College of American Pathologists (1997-)
Member of American Society of Clinical Pathology (1999-)
Executive Director of the Board Members, TCM Association-Alumni, USA (2000-)
Member of Executive Board, Association of Chinese American Physicians (2002-)

AWARDS AND GRANTS

* The Doolen Scholar Award for the Study of Aging from the University of Illinois at Urbana-Champaign. 1993-1994
* Research Award from the Institute for Advanced Studies in Immunology and Aging, awarded in the First International Conference on Immunology and Aging, 1996.
* Staff Research Award, North Shore University Hospital, 2000-2001
* Issued US Patents.
  Inventors: Yong Ming Li, Helen Vlassara, Anthony Cerami, Picower Institute.

PEER-REVIEWED PUBLICATIONS


3. Keith W. Kelley, Sean Arkins and Yong Ming Li. (1992) Growth hormone, prolactin and


17 Yong Ming Li, Helen Vlassara, and Tomoko Mitsuhashi (1997) Glycation products in aged thioglycollate medium enhance the elicitation of peritoneal macrophages *Journal of Immunological Methods* 201:183-188


23 Yong Ming Li (Editor-in-chief) (1998) *Applications of Molecular Biology Techniques* (237 pages), Hainan Publishing House, Hainan, China.


Xu Song, Mingmin Bao, Diandong Li, Yong Ming Li (1999) Advanced glycation endproducts induced mouse aging model. *Mechanism of Ageing and Development* 108:239-251


**PUBLICATIONS IN TRADITIONAL CHINESE MEDICINE**


Xu Song, Mingmin Bao, Yong Ming Li, Diandong Li (1999) Experimental Studies on Non-Enzymatic Induced Aging. Chin Journal of Geriatrics. 18: (3) 164-166.


